



CAMPUS REC
INTRAMURALS CLUB SPORTS EPIC ADVENTURES

2019 Rec-Splosion Schedule

Activity Schedule

Hot Dog/Hot Wing Contest

Ice Rink, North End (9:00pm)

Here's your chance to win the highly prized Super Wienie Trophy and the Squawkin' Chicken Award. Eat 5 dogs or Hot wings in the fastest time to take the trophy and earn bragging rights among your friends. To sign up for one of the 8 spots (all participants get a great t-shirt showing they had what it takes), come to the Intramural Sports table in the Roost Lobby!

DJ Ricky Frezko

Ice Rink, North End (8:00-11:00pm)

Music and dancing to the sounds of DJ Ricky. Rick has been providing the music for all 10 years of Rec-Splosion and is one of the most popular activities in Rec-Splosion

CRec Laser Tag

Parking Garage (8:00-10:00pm)

Play this great activity in the darkness of the URC Parking Garage. Music and plenty of inflatable hiding places are available.

Mechanical Bull

Ice Rink, North End (8:00-11:00pm)

Ride 'em cowboys and cowgirls! See if you can hang on for the required 10- seconds on the wildest bucking bull around!

URC Climbing Wall

URC Lower Lobby (8:00-11:00pm)

Test the wall and get your climbing fix in. The room is open for business so all students can find out about the wall and all of its related activities

Fitness Center Open House

URC Fitness Center (8:00-10:00pm)

Take a tour of the facility and find out all you need to know about classes and user policies in the Fitness Center. Complete your Risk Form and get the jump on the upcoming fall season

Information Opportunities

Club Sport (CSF) Information Fair

URC Activity Gym (8:00-10:00pm)

All CSF groups will be in attendance allowing students to find out all they need to know about joining one of our 30+ clubs. Talk directly with the club officers to get answers to all your questions.

Intramural Sports (I.M.)

URC Activity Gym (8:00-10:00pm)

See what's offered this fall in I.M. sports and how you can get hooked up. All the info you'll need to get a team registered or how to join a team is here for the asking. SWAG Update: Campus Rec t-shirts to the first 500 students to check in with I.M. Sports

EPIC Adventures Open House

EPIC Desk, URC Lower Lobby (8:00-11:00pm)

Come check out the trip schedule and rental opportunities in the EPIC Office. This is a great time to get sign up for trips before they fill or ask questions of the great EPIC staff on hand.

ASEWU

The ROOST Lobby (8:00-10:30pm)

Check in with your ASEWU reps and see what they have going. Always great SWAG at the ASEWU table, don't miss them!

Student Involvement and Activities (SAIL)

The ROOST Lobby (8:00-10:30pm)

Find out what's cookin' this quarter by visiting the SAIL group. Another SWAG superstar, this is a great opportunity to get involved in some great student programs on campus

Greek Life (SFL)

The ROOST Lobby (8:00-10:30pm)

Interested in one of our great Greek chapters on campus? Stop by these great chapter reps and see what's up in the world of Greek Life at EWU

HWPS Health Hut

The ROOST Lobby (8:00-10:30pm)

Talk to the HWPS staff and get the latest updates on health and wellness issues on our campus. Key information for all students at the Health Hut!